



Bolton Macmillan Information & Support Service

August 2026

Diary Dates for August



Bolton Cancer Voices - Monday 3rd 10th 17th
Yoga For Cancer - Wednesday 5th
Wig Service - Wednesday 12th & 26th
Walking Group - Friday 7th
Brew & Potter at Moss Bank Park - Tuesday 18th
Prostate Support Group - Wednesday 12th
5K Your Way - Saturday 29th
Craft Group - On Summer Break

Need a listening ear?

Sometimes it's just about being able to talk to someone or to know there's someone there who cares.

You can drop in or call us:

Macmillan Centre Royal Bolton Hospital,
Royal Bolton Hospital, BL4 0JR
Tel 01204 390625
Monday – Friday, 10.30am-4pm
(excluding Bank Holidays)

Macmillan Centre Giles House
Bolton Hospice, BL1 4QR
Tel 01204 663059
Tuesday & Thursday, 10am-4pm

**If you're making a special journey,
please call ahead.**



Excited to announce another Health & Wellbeing Event in Bolton

Wednesday, 4th November
1.30pm-3.30pm
The Bridge Centre,
Bradford Street,
Bolton, BL2 1JX

Come along to our **FREE** cancer information and support events for people affected by cancer.

Chat to specialist nurses and other local professionals who offer a variety of support.

BOOKING IS ESSENTIAL
CONTACT US TO BOOK YOUR PLACE TODAY

Call us on 01204 390625
Email: boh-tr.boltoncancerinfo@nhs.net

You're welcome to bring a guest with you!



Walking Group

Our usual monthly Walk n Talk starts at the bottom carpark of **Queens Park (BL1 4AY)** Friday 7th August at 1pm for an easy-paced, mostly flat walk (around 1 mile). The park looks beautiful at this time of year and it's always a treat to go to the Queens Park Cafe afterwards for refreshments.

We'd love you to join us for our walk. No need to book. New walkers always warmly welcomed.

If you have any questions about the walk or would like to receive more information about future walks, please call us on 01204 390625.

PLEASE NOTE

If we have to cancel a walk, we will put this on our socials or you can call us on 01204 390625 to check.



Diagnosed with cancer but worried about your four legged friend?

The Cinnamon Trust provides hands-on assistance to pet owners when any aspect of the day-to-day care of their pets poses a problem; as well as the provision of lifelong care for pets who outlive their owners.

If you want more info, drop into our Royal Bolton Hospital Centre to pick up their leaflet or go to cinnamon.org.uk

We'd love to hear from you!

We'd love to know what you think about the support you've received from the **Bolton Macmillan Cancer Information & Support Service**.

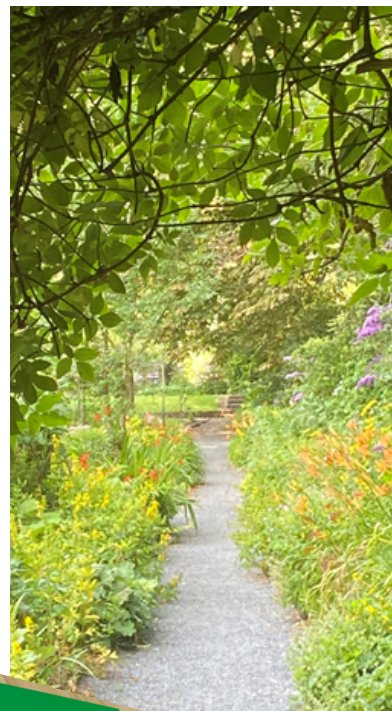
All feedback welcome and will help us to understand where we are getting it right, and where we can improve to make things better.



Scan QR code above or visit boltonmacmillansupport.org.uk/feedback



Brew & Potter around Moss Bank ..new group off to a great start!



Last month saw the start of a new support group that meets on the **THIRD TUESDAY** of each month to explore this hidden gem of a garden right here in Bolton! We enjoyed a stroll around, exploring the beautiful trees, plants & flowers as well as noticing the huge number of butterflies. All followed by a delicious brew & chat at the Park cafe nearby. If you've never discovered this wonderful, tranquil garden, make sure you come along this month - **Tuesday 18th August 10am-12 noon**, meeting at the Moss Bank Park Cafe. For more information call 01204 390 624

Booklet of the Month

Macmillan Organiser

The Macmillan Organiser includes a copy of **The Cancer Guide & My Records** for recording key contacts, appointments, medication & symptoms. There is also space for keeping appointment letters or other important information. Drop in to pick one up or we could pop one in the post.

