

BOLTON MACMILLAN INFORMATION & SUPPORT SERVICE UPDATE

SEPTEMBER 22



WHERE?

30 September 2022
10am - 12.30pm

WHEN?

Unit 28, First Floor,
Bolton Market Place

MACMILLAN
COFFEE MORNING

Come and join us!
Yummy cakes & treats!
Lots of prizes!
Raffle

Helping Overcome Problems Effectively

Booking essential

Our 6 week course starts again on
Monday, 5 September 2022
at **The Wellbeing Hub, Bolton Hospice.**

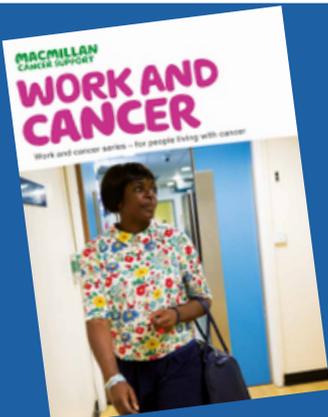
for people who have recently finished cancer treatment, or are living with cancer, we can help you get more out of life.

More dates to follow in the New Year.

September is Gynae Cancer Awareness Month.



We will have a display at Bolton One with lots of leaflets and information available.



BOOKLET OF THE MONTH

We get a lot of enquires for help when making decisions about work when living with cancer. This is a great booklet which looks at how cancer and its treatments can affect your ability to work. It covers employment rights and coping with the effects of treatment at work, for example tiredness, as well as providing tips on talking about cancer in the workplace.

National Macmillan Helpline Number: 0808 808 8888



Last month we had a stall for 2 days at Bolton PRIDE. It was a great opportunity to share information to LGBT+ people & their family and friends.



Let us know...

- If you would like to receive further copies of our Monthly Newsletter by email.
- If there are topics or information you would like us to include in our newsletters.

Email: boltoncancerinfo@nhs.net
Phone: 01204 462442/693059

WALKING GROUP

Friday 2 September - 1pm
Queens Park (Lower Area)
Aprox 1 mile walk

Meet at car park off Spa Road (old bowling green), BL1 4AY



Friday 23 September - 1pm
Rivington 3.5miles(Longer Walk)

Meet outside the Rivington Vistor Centre near the Great House Barn on Rivington Lane, BL6 7SB, often referred to as the Lower Barn

Our Rivington walk is one of our occasional longer walks. The paths we use on this walk are mostly even, but there is a small amount of uneven ground with some tree roots to be aware of. The path can sometimes be a bit muddy, so please make sure you are wearing suitable footwear.

We can be followed...

Find us on social media

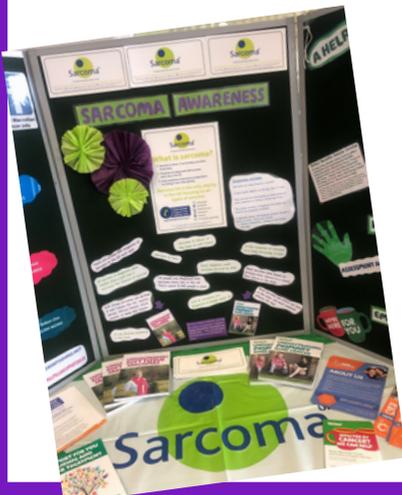


This is Hannah! As well as supporting people affected by cancer, Hannah keeps you all up-to-date with all our social media posts. Please follow us, and like, share and tweet our posts so that we can reach more people and families that are affected by cancer.

@boltonmacinfo

@macmillanbolton

@boltonmacinfo



We have recently promoted Sarcoma Awareness

by providing lots of information on our display at Bolton One. Sarcoma is a rare cancer of the bone or soft tissue. There are only about 500 diagnoses in the UK each year. 16% of diagnoses are in people under 30.



We are here to help people affected by cancer

- * We can apply for Macmillan Grants.
- * We help with blue badge applications
- * We have a benefits adviser that can help with PIP and AA applications.
- * We offer emotional support