

BOLTON MACMILLAN INFORMATION & SUPPORT SERVICE UPDATE



JOIN OUR WEEKLY



Every Thursday*
10am - 12noon
From 24 March 2022
at
Little Lever Health Centre,
Mytham Road, BL3 1JQ

Book your place!
Ring 01204 663059

**Term time only*



GARDENING GROUP

Every Tuesday morning, from 5 April (April to Sept)
10am till 12noon

Come along and join the Friends of Moss Bank Park and help to maintain and improve the walled garden.



Join in with the gardening or just come along and enjoy the surroundings.
All abilities welcome. Help with pruning, growing, planting and many other activities.
Refreshments available in the café.



WALKING GROUP

6 May 2022
1pm

Moses Gate Country Park

Meeting Point-bottom car park, Hall Lane
just off St Peter's Way (A666), Farnworth

Toilet Facilities available.
Give us a call to book your place!

BOOKLET OF THE MONTH



This booklet describes some of the side effects of cancer treatments. It outlines what to expect after surgery, chemotherapy, radiotherapy and biological and hormonal therapies.

We have copies available at our centres, or give us a call and we can send you a copy or email you a link to download it.

HOPE Course

Helping Overcome Problems Effectively

3 day course - Starts 6 June 2022

every Monday, 9.45am - 4.00pm

at The Wellbeing Hub, Bolton Hospice.

If you have recently finished cancer treatment, or are living with cancer, we can help you get more out of life.

To discuss in more detail or to book a place, please contact Kelly or Sue.




BOLTON UNITY PROJECT
INVITES YOU TO

Bolton Unity FESTIVAL

FREE ENTRY

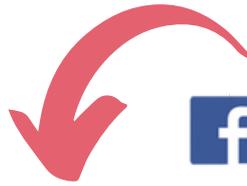
EASTER BANK HOLIDAY MONDAY
18TH APRIL
PREMIER SUITE
UNIVERSITY OF BOLTON STADIUM
BL6 6JW
11AM - 3PM

MUSIC AND DANCE PERFORMANCES
INTERNATIONAL FOOD
CARNIVAL PROCESSION
GAMES AND ACTIVITIES
CULTURAL EXPERIENCES

SPECIAL GUESTS

FUN FOR ALL

WWW.FACEBOOK.COM/BOLTONUNITYPROJECT



What an egg..cellent idea!

Please like, share and re-tweet our posts to help us reach other people affected by cancer. We share information such as about our support groups, cancer awareness and our centres.

Living With & Beyond Bowel Cancer Event

Saturday 23 April 10.30am - 2.30pm

Free information and support via Zoom for everyone affected by bowel cancer, including family and friends.



To sign up visit
bowelcanceruk.org.uk

April is Testicular Cancer Awareness Month

We have lots of information and booklets at all our centres and will have our display board at Bolton One promoting both **Testicular Cancer** and **Colorectal (Bowel) Cancer** throughout April.



April is Colorectal Cancer Awareness Month

To book onto any of our groups email boltoncancerinfo@nhs.net or call 01204 663059

