





BOLTON MACMILLAN INFORMATION & SUPPORT SERVICE UPDATE May 2021

We are now offering appointments for people who want face-to-face support.

All appointments need to be pre-booked and the session will last for up to 50 minutes. This is so we can clean in between appointments. We will be ensuring social distancing is maintained at all times and we will be asking people to wear face protection, unless they have medical reason not to do so. We will also continue to offer support over the phone or online if preferred.

For more information contact us on

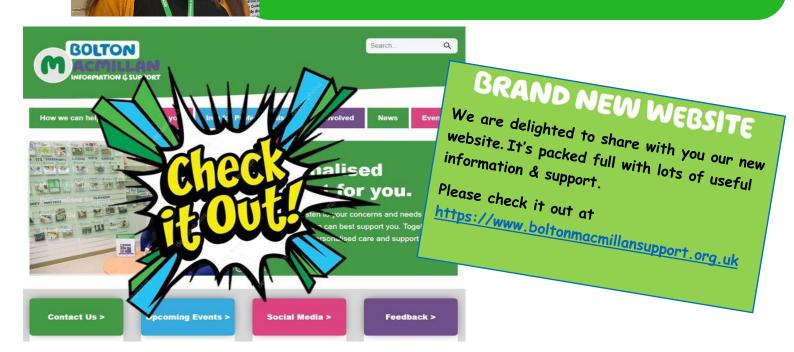
Telephone: 01204 663059

Email: boltoncancerinfo@nhs.net

Text: 07450166071 or contact us via social media (see bottom of this update)

HI HANNAH

We are delighted to welcome Hannah to the Bolton Macmillan Information and Support Service team! Hannah has been appointed as our new Information and Support Service Assistant. We hope she enjoys working with us all and supporting our service users!







May is Skin Cancer Awareness Month. It's so important to look after your skin and follow the golden rules of sun safety. You should also check your skin regularly and speak to your GP if you notice any changes. For more information on sun safety and skin cancer visit: <u>www.skcin.org</u>





re information on all types of skin cancer and how to check your skin, visit: skcin.or



BENEFITS ADVICE SERVICE

Sara Wiper, Macmillan Benefits Adviser offers benefits advice to people affected by cancer who live in Bolton or have a Bolton GP. To access this service contact us on 01204 663059 or email a referral form <u>boltoncancerinfo@nhs.net</u>

BOOKLET OF THE MONTH

The "How are you feeling?" booklet offers advice and guidance to anyone affected by cancer who may feel lonely or isolated. The booklet discusses how you may be feeling, and provides information about further sources of support. If you would like a copy of this booklet, give us a call on 01204 663059 or click on the link <u>here</u>



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 Or follow us on www.twitter.com/boltonmacinfo

WEBSITE

You can also find our more info at our website at: <u>www.boltonmacmillansupport.org.uk</u> .